

# KURSPLAN 2024

MO	DI	MI	DO	FR
----	----	----	----	----

VORMITTAGSKURSE

10:30-11:30

Hatha Yoga  
Women only  
(Studio)

Nadja

15:30-16:15

Breaking  
Anfänger

Thafer

16:15-17:15

Breaking  
Mittelstufe

Thafer

17:15-18:15

Breaking  
Fortge-  
schrittene

Thafer

NACHMITTAGSKURSE

16:30-17:15

Tänzerische  
Akrobatik

Nadja

17:00-17:50

HipHop Kids

Bibi

17:50-18:50

Female

Bibi

16:30-17:30

Breaking  
Kids

Nadja

17:30-18:30

Boxen  
Kids

Azad

17:00-18:00

Afro Kids

Bibi

18:00-19:00

Afrodance

Bibi

18:30-19:30

Fitnessboxen

Azad

19:00-20:00

Step&Move

Bibi

ABENDKURSE

18:30-19:30

Hatha Yoga  
women only  
(Studio)

Nadja